

Athlete Committed Investigation / Discipline Process

ATHLETE COMMITTED - AGREEMENT FOR COMPLETE DRUG AND ALCOHOL BAN

Because possession and use of alcohol or drugs by youth is against the law, it is our intent to prevent any student from being in an environment which greatly increases the risk of danger and negative behaviors. Every participant and his/her parent/guardian will be apprised of the Athletic Code of Conduct in the required Athlete Committed presentations conducted at the beginning of each sports season.

- Student athletes are expected to never use, possess, sell or be in the presence of and location of illegal alcohol or drugs as defined in Education Code 48900 at any time. These expectations will apply from the first day of the school year or the start of the extra-curricular activity (including pre-season meetings, practices, camps, and school-sponsored activities), whichever comes first. This includes the activities scheduled prior to the start of the school year, through the end of the sport season and/or the end of the school year, whichever is longer in duration.
- Additionally, athletes may not host or remain present at events, activities, or locations where illegal distribution of alcohol, drugs, or other controlled substances are present and/or being used.
- If a student attends a party/gathering where alcohol or drugs are being consumed and/or illegally dispensed, the student must leave the party/gathering immediately – and take as many teammates as possible.
- The student must report his/her attendance to a coach or school administrator before the end of the next school day.
- **BAN ON USE OF ANDROGENIC/ANABOLIC STEROIDS:** Student athletes and their parents, legal guardians/caregivers agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. Student athletes and their parents, legal guardians/caregivers also recognize that under CIF bylaw 200.D, there could be penalties for false or fraudulent information. Student athletes and their parents, legal guardians/caregivers also understand that District policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Self-Referral by Students

- Students may take advantage of a self-referral procedure to seek information, guidance, counseling and/or assessment in regard to his/her use of alcohol and/or drugs. First time voluntary referrals DO NOT carry any punitive consequences.
- Students are allowed one (1) voluntary referral during their high school participation.
- Self-referrals can be made by the student or by his/her immediate family.
- Self-referral cannot be used as a method to avoid consequences once a rule of the RBJUHS Code of Conduct is violated and a student has been identified as having violated that rule.

- Students must make self-referrals to an advisor, coach, athletic director, teacher, administrator, or guidance counselor.
- Self-referrals will lead to referral to an approved assessing agency and completion of any assigned programs.
- Those referrals to an assessing agency will remain confidential; however, proper release of information forms must be on file with the school nurse.

Violations will initiate an investigation by the Athletic Director and Athletic Administrator. Once the violation is verified by a school or district employee and/or a law enforcement officer, the disciplinary consequences described below will be given. The attitude and behavior of the student/athlete and whether or not they are forthcoming and honest during the investigation of an incident are some of the factors that will/may be taken into account if and when consequences are given. These consequences are cumulative over an athlete's entire enrolled time at Red Bluff High School.

FIRST OFFENSE:

Automatic suspension from participation in no less than 20% of competitive scheduled contests from the first date of disciplinary action. The student may be required to attend mandatory drug/alcohol counseling no more than twice per week prior to regaining eligibility to compete. The student is required to attend all meetings, sessions and practices and must participate in every group/team activity, but may not compete or perform.

**If the offense occurs at the end of the season, the penalty carries over to the next season sport until the full disciplinary consequence is fulfilled.

SECOND OFFENSE:

Automatic suspension from participation in no less than 50% of competitive scheduled contests from the first date of disciplinary action.

THIRD AND FOURTH OFFENSE:

Automatic suspension from participation in competitive scheduled contests for no fewer than 12 calendar months. The student will be placed on probation following the 12 month suspension and a subsequent (fourth) violation while on probation will result in the student being denied further participation for the remainder of his/her enrollment at RBHS.

- Students that provide a place or location for committing an illegal act will automatically move to the Second Step above.
- Students who self report their own code infraction will have the opportunity to receive a lesser penalty and/or reduced suspension.